

Whole school RSHE curriculum map 24/25

| | Autumn | | Spring | | Summer | |
|----------------|--|------------------------------------|--|---|---------------------------------|-------------------------------------|
| Healthy me day | September '24 Everyone different, everyone welcome | November '24 Anti-bullying week | February '25 Children's mental health week | March '25 International women's day | June '25 Healthy eating week | July '25 End of year reflections |
| Early years | My feelings | Special relationships | Self-regulation: listening and following instructions | Self-regulation: talking on challenges | My family and friends | My wellbeing |
| Year 1 and 2 | Health and Wellbeing | Families and relationships | My changing body | Personal safety | Our community | Economic well being |
| Year 3 and 4 | | | | | | |
| Year 5 and 6 | | | | | | |